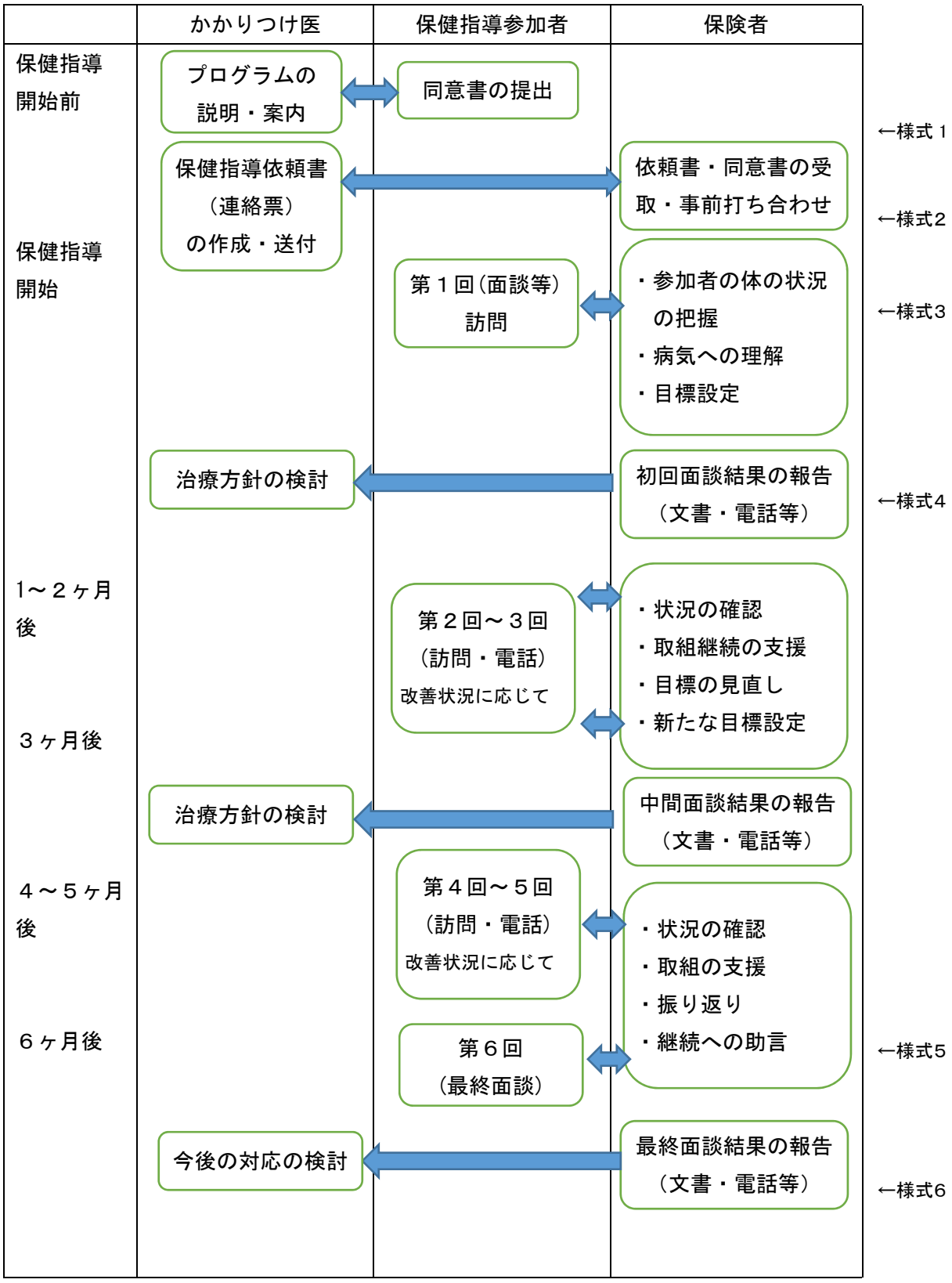別紙１　　糖尿病性腎症重症化予防保健指導プログラム